

## Children & Families

### **Aberlady Babies & Toddlers**

*Mondays, 9.30-11.30am (drop in), Aberlady Kirk Stables*

The Aberlady Baby & Toddlers group meets every Monday morning. All parents, grandparents and carers are very welcome to come along and join in! There are plenty toys for the little ones and tea and coffee always on the go for the big ones. Cost is £2 per family, with snacks for the kids provided around 10.30am. Anyone living or visiting Aberlady or the surrounding area is most welcome to pop along and say hello.

Cost: £2 per family (first session free)

Contact: Carole Bold at [carolebold@hotmail.com](mailto:carolebold@hotmail.com) or search '[Aberlady Babies & Toddlers](#)' on Facebook.

### **Sporting YoungStars** ★

*Mondays, Aberlady Village Hall*

- *Nursery Children - 2.45-3.45pm*
- *School Children - 3.45-4.45pm*

Sports coaching class for 3-9 year olds. Younger children work on gross motor skills like throwing, kicking, catching, bouncing, balancing and coordination through fun games and activities. The classes progress these skills as they get older and introduce them to the skills and rules of our 8 sports (basketball, dodgeball, football, handball, hockey, rugby, ultimate frisbee and volleyball). There are also games to help the children understand the fundamentals of team sports.

Cost: £22.50 per month

Contact: Scott McKenzie at 07894571028 / [admin@sportingrevolution.co.uk](mailto:admin@sportingrevolution.co.uk) or visit [www.sportingrevolution.co.uk](http://www.sportingrevolution.co.uk).

### **1<sup>st</sup> Aberlady Scout Group**



*Mondays, Aberlady Village Hall*

- *Beavers - 5-6pm*
- *Cubs - 6.15-7.30pm*
- *Scouts: 7.30-9pm*

All sections are full at present. To join the waiting list please email

[joinaberladyscoutgroup@gmail.com](mailto:joinaberladyscoutgroup@gmail.com).

Aberlady Scouts would also love to hear from you should you wish to volunteer!

### **Mums & Baby Yoga**

*Tuesdays, 10.30-11.30am, Aberlady Kirk Stables*

A class for new mums with wee ones between 8 weeks and 12 months. The class is a combination of stretching, strengthening, relaxation and baby play. Katherine brings years of experience as a yoga teacher, a mentor for women and a mother of 2, to support you and your body as you adapt to life with your wee one.

Cost: £15 for a drop in or £72 for a 6-week block.

Contact: Katherine Crawley at [allkatherine1111@gmail.com](mailto:allkatherine1111@gmail.com) to book.

### **Brunton Performing Arts Network – Aberlady Dance**



*Tuesdays, Aberlady Village Hall*

- *5-7s Dance – 3.45-4.45pm*
- *8-12s Dance – 4.45-5.45pm*

Dance classes for children aged from 5-12. Taking part in creative activities is fun and helps build confidence, fuels imagination and develops skills that are useful in all areas of life. Run by experienced and qualified drama professionals who work as freelance performance artists and have a wealth of knowledge and talent which they enjoy sharing with groups.

Cost: Priced per term. To book visit

[thebrunton.online.red61.co.uk](http://thebrunton.online.red61.co.uk).

Contact: Amy Robinson at

[arobinson@eastlothian.gov.uk](mailto:arobinson@eastlothian.gov.uk).

---

## Would you like your event listed?

If you have a regular event in the village that you would like included in our newsletters and on our website, please let us know.

Get in touch with the Aberlady Community Association at:

[community.association@aberlady.org](mailto:community.association@aberlady.org).