

# Aberlady Heads Up

## - Autumn/Winter 2025 edition -



*Photo credit: Frederic Kauffmann, Bleu Ciel Photography*

### Aberlady Community Association (ACA) updates

#### Defibrillators

As part of a project with the charity, 'Together in Health', the ACA support team shared their knowledge and experience of organising and managing defibrillators. Having completed an audit of all known defibrillators in the NB coastal area, the charity successfully applied for funding for 10 new public access defibrillators and external cabinets. We're very pleased that one of these will be placed at Ballencrieff Steadings over the next couple of months and will be available 24/7.

#### Community Resilience Volunteers

The Aberlady Community Resilience group is set up to help our vulnerable residents (in the village and outlying communities) should an emergency situation arise. This could include power outages, floods or storms. We still need volunteers for the following areas: Kirk Road, Elcho Terrace, School Road, Rig Place, Kilspindie Court, High Street and Sea Wynd. It would also be useful to have a volunteer in Aberlady Mains, Ballencrieff Mains, Luffness, Mungoswells, Spittal, Gosford, Craigielaw and Kilspindie. If you are interested in volunteering, please contact Ian Malcolm at [hello@aberladyheritage.com](mailto:hello@aberladyheritage.com).

#### Aberlady Pickleball

Fancy trying out the UK's fastest growing sport? We have all the equipment you need to play pickleball in the village hall. Drop us an email if you'd like to attend a trial session or if you are looking for some others to play with ([community.association@aberlady.org](mailto:community.association@aberlady.org)).

#### Aberlady Community Lunch - Volunteers

We'd like to try and re-establish a community lunch event in the village hall, perhaps twice a year to start with. We need a team of volunteers to help get it off the ground. Would you like to get involved? We're looking for soup-makers, home-bakers, dish-washers, sandwich-spreaders, servers, poster designers and social media whizz kids. If you'd like to help out, please contact [community.association@aberlady.org](mailto:community.association@aberlady.org).

#### Nature Reserve Toilets

Many thanks to John Harrison, our Countryside Ranger, for continuing to make some improvements to the toilets whenever possible, during a very busy summer season. Next phase is to paint the exterior. Thanks again to the volunteers who will be helping out.

#### ACA Events

We have three exciting events planned to raise funds for the redevelopment of our Village Hall. We will have a Barre and Yoga day on Sun 12 Oct (with thanks to Angela at Satanama Yoga) and the return of the Christmas Market on Sat 22 Nov. We're also holding a community lunch for those attending the Remembrance church service on Sun 9 Nov. Read on to find out more.

#### ACA next meeting – All welcome to attend

Tuesday 21 October, 7.30pm, Aberlady Village Hall (small hall)

**Get in touch with the Aberlady**

**Community Association at:**

[community.association@aberlady.org](mailto:community.association@aberlady.org).