# Groups

### **Big and Small Choir**

Rachel Stewart (who runs the Aberlady Singers), is starting an all-new, cross-generational choir. Available to all grown-ups (big people) with accompanying child/children (small people) who want to sing together. This choir will likely start rehearsing on Monday evenings in Aberlady, from 6-7pm in 2026. To register your interest and ask any questions please contact Rachel on 07908632557 or aberladysingers@gmail.com. In your message, please note all names (grown-ups and children) and the ages of children.

#### **Aberlady Babies & Toddlers**

Mondays, 9.30–11.30am, Aberlady Kirk Stables For parents, grandparents and carers and their little ones. £3 per family, with snack for kids. Plenty of toys for kids and hot drinks for the adults! Facebook: 'Aberlady Babies & Toddlers'.

#### **Zumba Gold**

Tuesdays, 9.30-10.15am, Aberlady Village Hall A fun, friendly, relaxed, low impact Latin style dance class. Easy to follow routines, suitable for all fitness levels. No need to book. £6 a class.

## Senior Mo(ve)ments!

Tuesdays, 11.30am-12.30pm, Aberlady Village Hall

Fitness and fun for the over 55s. Simple exercises using all parts of the body to aid mobility, coordination and balance. No partner dancing.

### Aberlady Tai Chi Group

Tuesdays, 6.15-8pm, Aberlady Village Hall Why not drop in and try Tai Chi? A friendly, informal group with beginners and more experienced members. First 2 weeks are free and after that there is an annual fee of £70. This covers the hall hire and insurance.

### The Aberlady Singers

Wednesdays, 7-8.30pm, Aberlady Village Hall The choir rehearse weekly, in the wee hall (through the back of the main Village Hall). All welcome, no auditions. £15 join up fee, £5 weekly. Contact Rachel for more information on 07908632557 or aberladysingers@gmail.com.

### The History Boys and Gals are Back!

You may have noticed the recent excitement on the return of Aberlady's History Society! Talks coming up will cover the 16thC Siege of Haddington, Ailsa Fortune of East Lothian Life fame; the Restoration Forth project and a focus on some of the customs the village has lost in recent years. To learn more and find out how to get involved, contact lan Malcolm, the leader of the merry troupe at hello@aberladyheritage.com.

### **Thursday Afternoon Drop-In**

Weekly, 2-4pm, Aberlady Village Hall (Wee Hall) All welcome to pop-in and join us for a chat, card or board games and book/magazine swaps. If you have any queries, please contact Liz Forsyth on 07880337695 / elizabethmforsyth@btinternet.com.



#### **Conversational French Classes**

Term 1: 29 Sept - 19 Dec / Term 2: 9 Jan - 27 March (day / time dependant on level), Aberlady Kirk Stables

Séverine is a qualified native French teacher offering small group tuition. Classes tailored to your needs, ensuring rapid progress in a supportive environment. All welcome! £15 per class payable in term blocks. For more info and to book email <a href="mailto:severine@realfrenchclasses.com">severine@realfrenchclasses.com</a>.

### 1st Aberlady Scout Group

We are seeking community volunteers to allow us to continue providing valuable opportunities to our young people. Whether assisting at meetings, supporting outdoor events or helping behind the scenes, your time and skills can make a real difference. Training and guidance will be provided - no prior experience necessary. Sessions are on Monday evenings at Aberlady Village Hall, though many have an outside element. If you think you could help, please contact Tim Day to find out more: glv.aberladyscoutgroup@gmail.com.

Beavers 5-6pm (6-8 year olds) Cubs 6.10-7.25pm (8-10.5 year olds) Scouts 7.35- 9pm (10.5-14 year olds)

To join the waiting list for one of our sections please contact Kirsty Odds at joinaberladyscoutgroup@gmail.com.